



EVS IN ASTRADE

<http://www.astrade.es>

THE ORGANIZATION: ASTRADE Association was born in 1996 as a result of the union of people who have some member in their families with Pervasive Developmental Disorder, becoming non-profit organization with the mission to improve the quality of life of people with Pervasive Developmental Disorder and their Families. ASTRADE is formed of more than 300 families located throughout the Region of Murcia, which form the Assembly. ASTRADE has a group of people close to hundred professionals and a significant group of volunteers.



Our aim is to promote the well-being and quality of life of our target group and their families through the different periods of their life.

The objectives of ASTRADE are:

- Maximize the capabilities of people with Autism Spectrum through comprehensive care, from prevention and specific intervention, to achieve better quality of life.
- To intervene with the families (reception, information, counselling and training) to achieve family integration as a basic step for social integration.



ASTRADE is member of FEAPS Region de Murcia and of the Confederation of Autism in Spain.

ASTRADE in order to fulfil its objectives delivers the following services to its members and users:

SERVICES FOR MEMBERS / TARGET GROUP: Psycho-pedagogic assessment, educative support, psycho-social support, Asperger Group, workshops, Summer Camp, Summer School, leisure and free time activities for adults, psychomotor activities, music therapy, play centre, multisensory stimulation, Integral Centre and support for the employment.



FAMILY SERVICES: Psychological support, family attention service, family break, parents school, school of brothers, sisters and grandparents, family visits, Intervention in the family context, and retreats.

ASTRADE currently provides services to people with "TEA" throughout the Region of Murcia in more than 100 educational centres.

The association has four offices:

- Molina de Segura
- Cartagena.



- Ribera de Molina.
- Lorca.

THE PROJECT ENVIRONMENT: The project is focused on education and treatment of young people with Autism and Asperger syndrome in Murcia through non-formal education activities, psychological treatment and emotional support.

This project will mainly be done in the region of Murcia, in the centre of Molina de Segura (but not exclusively).

Molina de Segura is a Spanish town of Murcia (at the Southeast of Spain) with a population of 68,511 inhabitants (2012) located 8 km from the capital, Murcia.

Molina's economic activity is centred mainly on the canning industry and its derivatives and related; Molina is one of the most industrialized cities in the southeast Spanish. Agriculture is also representative, and its main crops are stone fruit, citrus, herbaceous, and dry crops such as almonds and olives; the woodland has high quality, and the agricultural production is present in the national and European markets.





The principal framework of ASTRADE is located in our Day Centre in Molina de Segura, which is a prepared space for our young people with Asperger syndrome, to support the normalization of their everyday; in addition, this centre is enabled with the necessary resources for the implementation and development of workshops with them. On the other hand, the framework of ASTRADE takes also place in the capital, Murcia, where are realized the social activities and the leisure and free time activities with these young people.

PROPOSAL ACTIVITIES: Volunteer activities will be developed, firstly, in our Day Centre where our young people with ASD receive comprehensive treatment regarding all dimensions of adaptive abilities to the fullest possible integration in the standard social environment. On the other hand, the activities will also be developed in the city of Murcia, where social, cultural and leisure activities of free time will be made. The support of the volunteer will be by accompanying them (along with one or more people support) to facilitate their participation and integration in these activities.

The tasks that the volunteer will develop are: support for the development and implementation of employment programs and transition to adulthood, support to different occupational and basic skills workshops, and support in activities of daily life, inside and outside the centre:

- b. Workshops in organic garden.
- c. Green store.
- d. Support in marketing to sell products.
- e. Support in the shop crafts (pottery, glass and leather).
- f. Support workshops in activities of daily life (buying, housework, cooking, etc.).
- g. Support in workshops of speech communication.
- h. Support in multi-sensory and music-therapy workshops.
- i. Support in workshops of employment.
- j. Support in leisure activities and free time.
- k. Support in workshops of sexuality.
- l. Other.

The volunteer will do all these activities together with professionals, assistants and tutors in the different classrooms of the centre and at various locations in the city of Murcia.

This will provide the opportunity to train to the volunteer on every topic related to intervention in autism. This involves specialized training focused on a specific profile of disability, enabling the volunteer to acquire basic knowledge, which may be supplemented by a more formal training.



The volunteer will also have the opportunity to learn, communicate and acquire a new language, Spanish, which will be useful, not only at work, but also with members of the local community.



PROFILE OF THE VOLUNTEER: We will value the motivation and the maturity of the volunteer. We will also value those volunteers who are interested in doing activities and interacting with people with disabilities, and those who are interested in psychology, pedagogy, special education and the world of disability in general (not only in autism). We also value those volunteers who are interested in creative ceramics, glass management and organic farming.

ACCOMODATION AND PRACTICAL ARRANGEMENTS:

Working hours: The volunteer will not work less than 30 hours nor more than 38 hours a week. The host organization will arrange working times with the volunteer.

Holidays and days off: According to the rules of EVS, volunteers must have 2 working days off per month, 22 days in total for the entire duration of the project. Aside from this, Saturday and Sundays shall be given as day offs. However, in times of working during the weekends as per request of the work supervisor, the number of hours worked shall be compensated. The volunteer and the hosting organization



have to agree the distribution of these days corresponding to holiday periods. In case that the hosting organization will have certain closing times during the year, e.g. in summer, the volunteer will have to take his/her holidays at this time of the year.

Accommodation: The coordinating organization (EUROACCION ASSOCIATION) is responsible for the lodging of the volunteer. The volunteer will be offered accommodation in a single room in a shared flat with 3 other volunteers. Kitchen and bathroom will be shared. There is a living room, a kitchen, a bathroom and a toilet for them to share.

Volunteers are responsible for keeping the house clean and are also responsible to take care of the equipment inside the house. The management and the cleaning of the space have to be done in agreement with the roommates. In case of damage because of wilful negligence they may be asked to pay the repairing costs. We suggest carrying towels and bed sheets.

The house will also be furnished and equipped with all the amenities to ensure a pleasant stay for volunteers. These include washing machine, dishes, etc.

If volunteers want to have Internet access at home, they'll have to pay for it, as they can have Internet access in our office whenever they want

