



#### **DEAR FRIENDS,**



It is our great pleasure to invite you to be a part of an international youth

camp at Jump In Association. We are located in Salento at the south of Italy – a fascinating place full of history, tradition and culture. If you want to live a truly Italian experience that combines Italy's best food, a heady mix of traditions, culture and postcard like sceneries, you should definitely visit Salento.

#### Jump In prepared a unique experience for you!

If you are a group of minimum 15 people, you can choose the period you want to come and the program you prefer. Otherwise please select one of these dates:

#### **1-8 JULY 2015: ART- DESIGN AND URBAN REGENERATION PROGRAM**

Design, education and creativeness shape the future for a more sustainable and nicer world. Art and design will meet the social needs and the volunteers all together will paint and decorate a Cultural Youth Center and will create object and furniture from waste material. Participation, creativity, active citizenship and youth leadership are the key words of this workcamp!



#### 12-19 JULY 2015: ENVIROMENT AND NATURE PROGRAM

Came to Salento to contribute in environmental conservation while making local friends and help to protect and preserve the beautiful natural landscape and the wonderful beaches. Workshop includes guerrilla gardening, eco- design workshop, Italian classes and exploring the country.



#### 21-28 JULY 2015: EVENTS CREATION FOR KIDS AND YOUTH PROGRAM

STEP OUT of your comfort zone and TEST yourself while helping Jump in Association to create an event for the kids with less opportunity within the community. Create interesting programme for them, teach your language, create fun workshop and manage a communication and marketing campaign to attract them to participate.



PLEASE SEE THE AGENDA AT THE END OF THE DOCUMENT

## WHY A WORKCAMP?

Our workcamps are a non formal learning proposals for young people coming from many different countries and cultures. Workcamp projects are a living way to share culture, supporting non profit world and developing local communities traditions, promoting ideals of solidarity and citizenship.

The aim of the activities, besides the realization of the projects, is to contribute to the **creation of a multicultural society based on discussion between different people**. Our aim to work at local and global levels.



We believe that the presence in international camps of volunteers, coming from various countries and social backgrounds, brings us closer to this goal; thus, allowing local or isolated communities to get in touch with different cultures, and to learn and communicate with them.

We want to promote solidarity in a constructive way, not free assistance: **practical help can be useful to overcome emergencies**, but we prefer to provide tools and methods that can be used in order to build the Future...

And it is only with the help of our volunteers that we have been able to achieve what we have, no matter how much time and energy they dedicated to the global project of the organization. Thanks to our wonderful volunteers!!!

# Our proposal to you as a future volunteer is to take part in a project that will cover:

- Full-learning experience of voluntary service for local communities, in an intercultural framework, while supporting your independence
- Leisure activities to enjoy your free time, being in contact with local community and share their culture
- Accommodation and food during the workcamp period

# **Expectations... in action!**

We really expect your motivation and dedication to take part in the project... So when you come, come be prepared to:

- Contribute with energy and action, to the daily life of the camp as a group member
- Work about 30 hours per week
- Respect and enjoy cultural and social diversity of participants and locals

# WHO WE ARE??? A JUMP!!!





*JumpIn* is a concept regarding different ways of LIVING OUR POSSIBILITIES increasing the value of diversity respecting our personal ambitions. We invest in the youth and we pay attention to their voices, as an essential source of new ideas, creativity and artistic expression. Over national boundaries and stereotypes we want to promote interculturality and diversity that is a key value enriching us and our work.

#### JumpIn is a non-governmental association that deals with:

- education activities (education projects at schools and at extra-schools basis through a non-formal education method focused on active citizenship, European conscience, fight against racism and xenophobia, human rights principles);
- Cultural events (conferences, seminars, workshops, cineforum, concerts, art exhibitions);
- Intercultural activities (programs and projects of youth mobility, education on international topics, promotion of different cultures in Italy and abroad, welcome activities for tourists and foreigners, promotion of Youth in Action Program);
- Territorial promotion (promotion of its typical aspects that regard artists, culture, heritage, enogastronomy, tourism, sport activities)
- The educational activities consists of providing non-formal education opportunities for young people while involving as many as possible, and trying to include others that have never participated before. Our aim is to help youngsters develop their competences (life skills) by using non-formal learning tools. We try to educate youngsters on a peaceful cohabitation with people coming from different cultures, countries and social conditions by giving them the opportunity to confront themselves with others in an intercultural environment which stimulates the development of a social conscience.

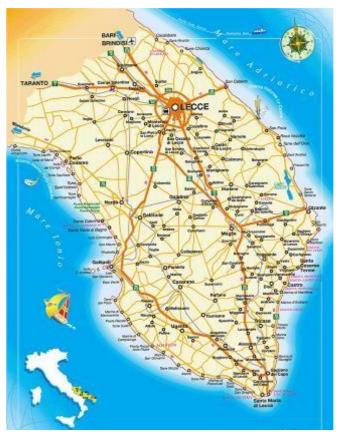
### **INFORMATION ABOUT THE AREA**

#### **SALENTO REGION**

Salento (*Salentu* in the local dialect) is the south-eastern extremity of the Apulia region of Italy. It is a sub-peninsula of the main Italian Peninsula, sometimes described as the "heel" of the Italian "boot". "Salento: the sun, the sea, the wind" so goes the local saying is a perfect synthesis of this land.

Salento, a **peaceful land full of history and traditions,** boasts with nature's & architectural beauty ,hospitality, atmosphere, and of course a immaculate sea and its coastline.

There are no mountains and your eyes would sweep over far horizons running into the ancient architectures of the stone here and there, spotting pajares, menhirs.... A landscape where the nature has been tough and where only the climate and the stubbornness of the man has made it possible to produce the excellent DOC products for centuries.





# **PRACTICAL INFORMATION**

#### WHEN

If you are a group of minimum 15 people, you can choose the period you want to come and the program you prefer. Otherwise please select one of these dates:

#### **1-8 JULY 2015: ART- DESIGN AND URBAN REGENERATION PROGRAM**

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#### **ITALIAN LESSONS**

The participants will receive Italian lessons for 3 days during the week and for 3 hours a day. At the end of the course you will receive a certificate of the Italian course.

#### FOOD

**Breakfast** will **be prepared by the volunteer themselves** at the accommodation's facility. Lunch: Most of the days we will spend outdoors, so packed lunch will be provided. Dinner: In local restaurant, tasting the typical Italian food.

#### ACCOMMODATION

You will be accommodate in a local B&B.

Each room is suitable for 5/6 people. The rooms are quite spacey and every room has a bathroom inside. The participants will also be responsible for cleaning their room and keeping them tidy. The participants are responsible for any damage caused by indecent behavior or lack of attention and will have to cover the cost.

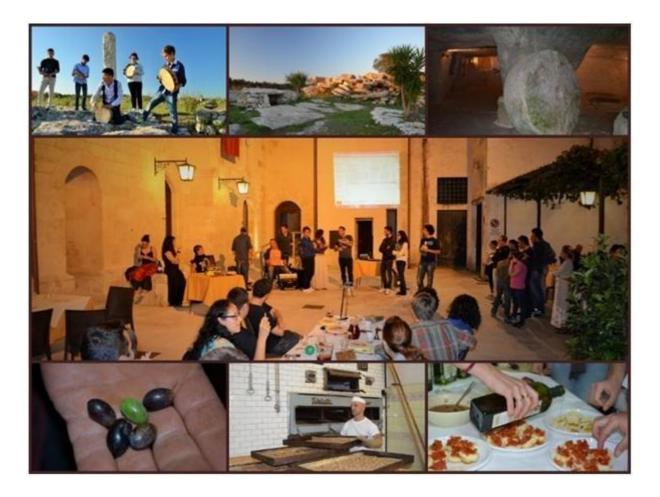


#### **FREE TIME**

During your free time you can visit the villages near Poggiardo. You can go to the sea by bike or visit significant cultural heritage spots like **Otranto** or **Castro**. You can do snorkeling, surfing, fishing and other summer activities.

Jump in can arrange excursion to Alberobello, Ostuni, Lecce, areas of great cultural and historical importance. This excursion will cost between 10 -30 Euro per person, price depends on number of participants. You will receive different proposal and you can choose the best place to visit according to your preference and liking.





#### **INSURANCE POLICY IN ITALIA WORKCAMPS**

All participants from EU countries must have a valid E111 form or equivalent, they are issued by each country. This will keep you safe if heath problems appear during the workcamp. All participants must have their own insurance (inscription to the National Health Service – form E111) and we recommend to buy a travel insurance that covers extras.

#### **CLIMATE**

The territory of Salento has a **Mediterranean climate, with mild winters and hot humid summers.** Based on the archive records, the average temperature of the **coldest month, January, is around +9° C**, while the **hottest month, August,** is about **+28.9° C**.

### WHAT TO BRING??? JUST BE POSITIVE!!!

- Sport shoes and clothes you won't mind wearing during work
- Swim suit (tanning lotion and snorkel)
- Towels
- Ideas for teambuilding games and outdoor activities to have fun

### **TRAVEL TO - FROM SALENTO**



You can flight to Brindisi or Bari airports. There are several low costs companies which fly there, together with Alitalia.

www.helvetic.com www.ryanair.com www.airberlin.com www.easyjet.it www.wizzair.com <u>www.germanwings.com</u> www.alitalia.it

Once you arrived at the Bari airport you can take a shuttle that will bring you to Bari train station where you can travel to Lecce and from there to Poggiardo.

Once you arrived at Brindisi airport you can take a bus to Lecce and from there the train to Poggiardo. Whether you arrive to Bari or to Brindisi we can arrange our shuttle to pick you up at those prices 30 euro (Bari) and 20 euro (Brindisi) if a group of minimum 9 people gather.

# **PAYMENT INFO & COST**



### THE PARTICIPANT FEE IS: 395 euro for ONE WEEK or 595 euro for 2 TWO WEEKS

THE PARTICIPATION FEE INCLUDES:

- Accommodation
- Full board
- Food according to the programme
- Insurance

#### THE FEE DOES NOT INCLUDE:

Individual travel arrangement to get to/leave from Poggiardo from your country or town, neither transportation to/from the airport to the residence. In case you need, we can arrange a shuttle bus from/to airport (see fee above). Please, book in advance to reach our venue faster, cheaper and more comfortably.

Visa related costs. Costs for extra days or individual diet.

# HOW TO APPLY

#### Please send the application to this email: info@fioh-ngo.com

If you are a group of minimum 15 people, you can choose the period you want to take part in and the program you prefer. Otherwise please select one of these dates:

# **CONTACT US**

If you need to contact us you can call TIGRANUHI +37495337873 or send her an email Mail: <u>infofuture11@gmail.com</u> tigranuhialeksanyan@gmail.com

# **ITALIAN – ENGLISH DICTIONNARY**

These are few word to help you when you arrive but you will have to learn some hand gestures once here

Hello	-	Ciao
Excuse me	-	Scusi
I am/ My name is	-	Sono/ Mi chiamo
Good morning	-	Buongiorno
Good evening	-	Buonasera
Thank you	-	Grazie
Please	-	Per favore
Where is/are	-	Dov'è
I'm looking for	-	Cerco
DEPARTURES	-	PARTENTE
ARRIVALS	-	ARRIVI
Do you speak English?	-	Parli inglese?
I don't speak italian	-	Non parlo italiano
I don't understand	-	Non capisco

# **ART- DESIGN AND URBAN REGENERATION PROGRAM**

	1 DAY	2 DAY	3 DAY	4 DAY	5 DAY	6 DAY	7 DAY	DEPARTURE
morning		Orientation + introducing Jump In + explaining the agenda of the workcamp	PAINTING AND DECORATE the wall of a YOUTH CULTURAL CENTER	URBAN REGENERATION + DESIGN: create object and furniture with waste material to decorate a youth center	URBAN REGENERATION + DESIGN: create object and Furniture with waste material to decorate a youth center	URBAN REGENERATION + DESIGN: create object and Furniture with waste material to decorate a youth center	going to the BEACH AND SWIM	
12.00 - 15.00	arrival day - free time	PACKED LUNCH	PACKED LUNCH	PACKED LUNCH	PACKED LUNCH	PACKED LUNCH	PACKED LUNCH	departure day
afternoon		italian classes	INTERIOR DECOR using recycle material	italian classes	CREATIVE WORKSHOP - Leave you foot print in the youth center and create a design object	italian classes	ART AND DESIGN MEET THE WORKSHOP OBJECTIVES AND EVALUATION OF THE PROJECT	
19.00- 21.00	DINNER - PIZZA	DINNER IN LOCAL RESTAURANT	DINNER - PIZZA	DINNER IN LOCAL RESTAURANT	DINNER IN LOCAL RESTAURANT	DINNER IN LOCAL RESTAURANT	DINNER - PIZZA	



# **ENVIROMENT AND NATURE PROGRAM**

ARRIVAL	1 DAY	2 DAY	3 DAY	4 DAY	5 DAY	6 DAY	7 DAY	DEPARTURE
morning	arrival day - free time	Orientation + introducing Jump In + explaining the agenda of the workcamp	BIKE TOUR AND LEAR ITALIAN AND DISCOVER THE TERRITORY	GUERRILLA GARDENING: cleaning the area weeding, planting flowers	ECO- DESIGN WORKSHOP - create daily used object with waste material	CREATIVE GUERRILLA MARKETING ADVERTISEMENTS: use your creativity to leave a message that promotes sustainability in the Area- FLASH MOB, CREATIVE ADS+CRITICAL MASS	going to the BEACH AND SWIM + COLLECT RUBBISH	departure day
12.00 - 15.00		PACKED LUNCH	PACKED LUNCH	PACKED LUNCH	PACKED LUNCH	PACKED LUNCH	PACKED LUNCH	
afternoon		italian classes	BRAINSTORM AND PREPARE YOUR ECO- DESIGN PROJECT + AND YOUR ECO-COSTUME + COLLECT THE	STREET PARADE using eco- costume	ECO- DESIGN WORKSHOP - create daily used object with waste material	italian classes	EVALUATION AND CLOSING	
19.00- 21.00	DINNER - PIZZA	DINNER IN LOCAL RESTAURANT	DINNER - PIZZA	DINNER IN LOCAL RESTAURANT	DINNER IN LOCAL RESTAURANT	DINNER IN LOCAL RESTAURANT	DINNER - PIZZA	



# **EVENTS CREATION FOR KIDS AND YOUTH PROGRAM**

ARRIVAL	1 DAY	2 DAY	3 DAY	4 DAY	5 DAY	6 DAY	7 DAY	DEPARTURE
morning	arrival day -	Orientation + introducing Jump In + explaining the agenda of the workcamp	PARTICIPATE TO SOME WORKSHOP WITH KIDS AND LEARN ITALIAN FROM KIDS	PREPARE THE MARKETING MATERIAL: poster, flyer, facebook events, ideas of communication, message in a bottle, post it on a car, spread sms	italian classes	PREPARE LAST DETAILS FOR THE WORKSHOP FOR KIDS AND THE LABORATORIES	going to the BEACH AND SWIM	departure day
12.00 - 15.00	free time	PACKED LUNCH	PACKED LUNCH	PACKED LUNCH	PACKED LUNCH	PACKED LUNCH	PACKED LUNCH	
afternoon		BRAINSTORMING AND CREATION of marketing group, educational group, creative group, handcraft group, design group, decoration group	Sharing ideas and choosing the activities according to expertise + create the agenda of the	PR CAMPAIGN AND PROMOTION - GUERRILLA MARKETING	PR CAMPAIGN AND PROMOTION - GUERRILLA MARKETING + PREPARE THE WORKSHOP FOR KIDS AND	EVENT AT JUMP IN WITH KIDS	EVALUATION	
19.00- 21.00	DINNER - DIZZA	DINNER IN LOCAL RESTAURANT	DINNER - PIZZA	DINNER IN LOCAL RESTAURANT	DINNER IN LOCAL RESTAURANT	DINNER IN LOCAL RESTAURANT	DINNER - PIZZA	







# **2 WEEK OF PROGRAM (OPTIONAL EXTENTION TO THE 1 WEEK)**

	8 DAY	9 DAY	10 DAY	11 DAY	12 DAY	13 DAY	14 DAY	DEPARTURE
morning	VISIT LECCE	VISIT SANTI STEFANI AND THE BIZANTINE CRIPT	VOLUNTEERING AT JUMP IN - CONTRIBUTE WITH IDEAS	FREE TIME OR OPTIONAL TOURS	VOLUNTEERING AT JUMP IN - CONTRIBUTE WITH IDEAS	GOING TO SWIM IN CASTRO	PREPARING FOR DEPARTURE	
12.00 - 15.00	(Facultative	PACKED LUNCH	PACKED LUNCH	PACKED LUNCH	PACKED LUNCH	PACKED LUNCH	PACKED LUNCH	departure day
afternoon	trip) OR FREE TIME	italian classes	PIZZICA CLASSES	italian classes	TAMBURELLO WORKSHOP	italian classes	GOOD BYE PARTY	
19.00- 21.00	DINNER - PIZZA	DINNER IN LOCAL RESTAURANT	DINNER - PIZZA	DINNER IN LOCAL RESTAURANT	DINNER IN LOCAL RESTAURANT	DINNER IN LOCAL RESTAURANT	DINNER - PIZZA	